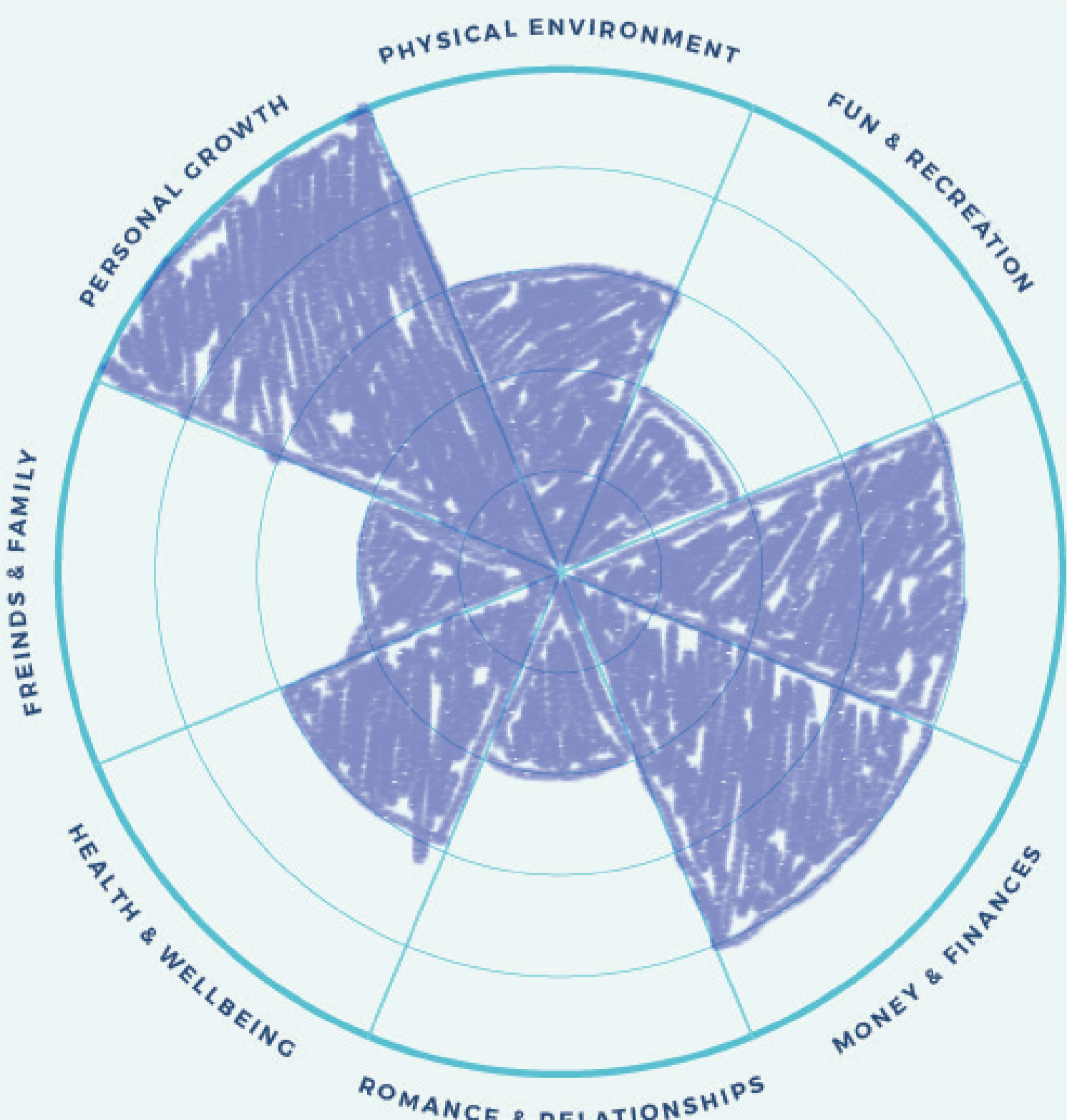
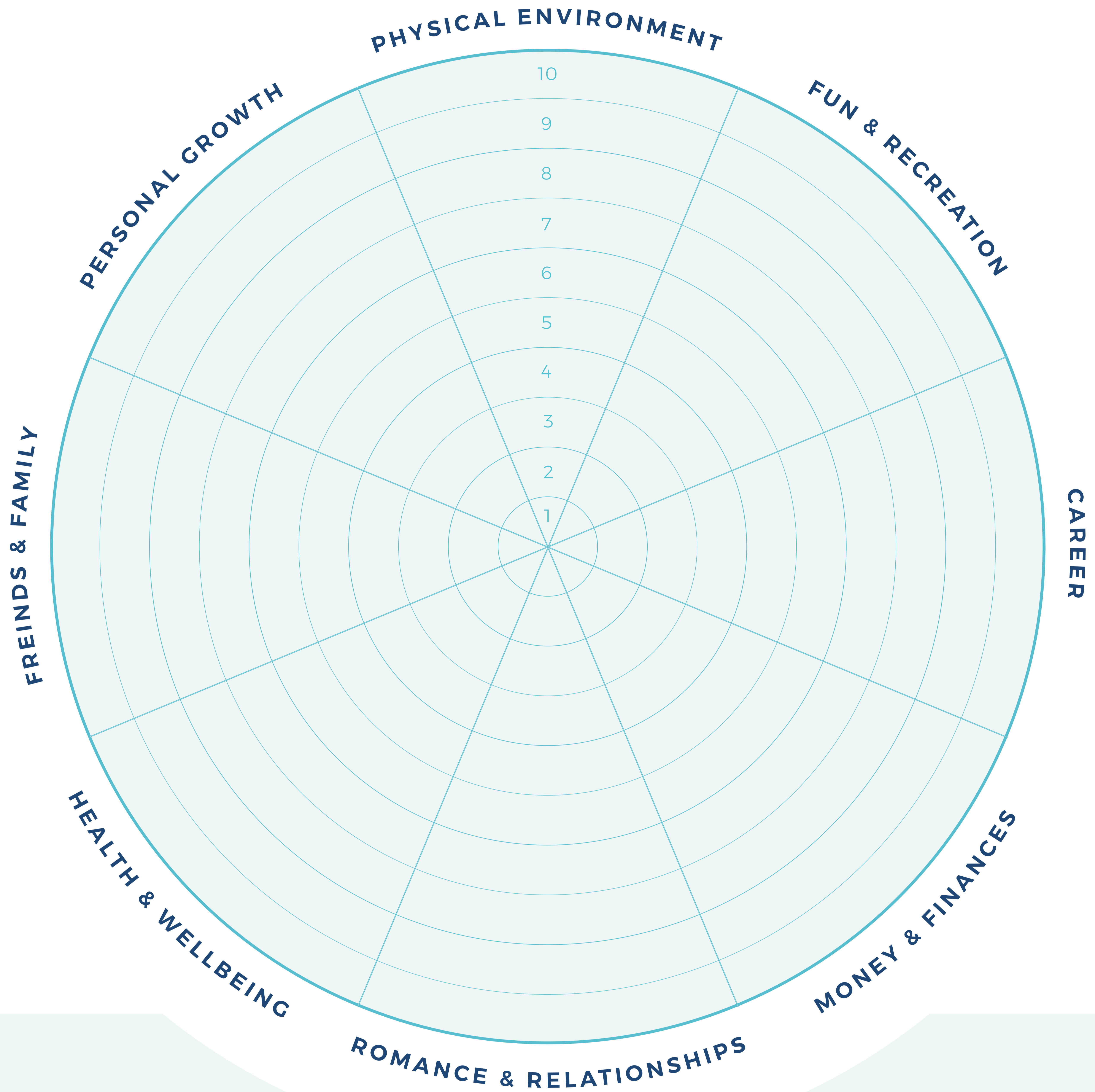




SARAH MALONE

Coaching & Hypnotherapy

The Wheel of Life



HOW TO USE

Go around the Wheel of Life and score yourself in each category by colouring outwards from the centre.

The further from the centre you colour, signifies the more satisfied you are for that category.

So, in simple terms:

1 = very unsatisfied
10 = very satisfied

Once filled in, you will be able to quickly identify the areas in your life you should be focusing on.



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Life Coaching and Hypnotherapy
Hampshire & Dorset

Fill in the Wheel of Life for a
FREE Initial Consultation

To book, call Sarah on **07920 263 969** or visit
sarahmalonecoaching.com